

ATHLETIC HANDBOOK

INTRODUCTION

To the Parents

This booklet has been written to enhance communication between parents, coaches, athletes and school administrators. Please familiarize yourself with the rules and regulations which govern participation in our program. If you have any questions, please direct them to the Athletic Director, at 984-3551.

Parents are asked to demonstrate their support by attending as many athletic contests as possible. Freshman and Junior Varsity players really appreciate parents and fans attending their games. Complete schedules are available in the athletic offices at the start of every season.

As you know, athletic participation is loaded with success and failures, setback and triumphs. Parents can make a big difference in how these situations are handled. Parents who encourage their son or daughter to go to their coaches for clarification, understanding and counsel are contributing to their child's growth, development and maturity.

To the Athletes

The Hamilton Heights High School Athletic Department is very pleased you have chosen to become a member of one of our athletic teams. Interscholastic athletics provide many opportunities for you to grow and develop as a young adult. We hope the friendships you make, the challenges you face, and the excitement you generate will make this season a memorable one.

As an athlete, your actions on and off the field reflect on the entire team, school and community. Your behavior helps shape the perception of those who make decisions that impact the future of Hamilton Heights Athletics.

Hamilton Heights Athletic Teams take tremendous pride in their preparation, dedication and performance. Our athletes work hard, play hard, compete intensely and respect all opponents. They have represented themselves, our school and our community with style and class. We are counting on you to continue this tradition.

You have greater expectation placed on you because you are an athlete, but the rewards are well worth it.

Your drive, determination, confidence, mental toughness and emotional control are tested daily. The educational value of athletic lies in how you cope with challenges.

WARNING

The potential for injury is inherent in all Interscholastic sports. Even with the best coaching, the most advanced equipment and a strict observance of rules, injury can happen. Although serious injuries are not common in supervised school athletic programs, it is impossible to eliminate the risk. Parents and students must be willing to accept the risk associated with inter-scholastic sports participation.

Sports offered:

Boys : Baseball, Basketball, Cross Country, Football, Golf, Soccer, Swimming, Tennis, Track, Wrestling

Girls: Basketball, Cheerleading, Cross Country, Golf, Soccer, Softball, Swimming, Tennis, Track, Volleyball

Important Facts

What must be done before your first practice

- Take and pass physical examination and have student/athlete, parent and doctor signatures
- Complete emergency medical form and insurance form
- Complete student/parent certification and consent form
- Complete code of conduct contract signed by athlete and parent
- Meet academic eligibility requirements
- Attend team meeting or meet with coach before practice
- If new student to Hamilton Heights have athletic transfer form on file

THE CODE OF CONDUCT IS IN FORCE TWELVE (12) MONTHS A YEAR, GRADES 9-12

Hamilton Heights High School supports 19 sports that offers 29 different teams to over 400 students in grades 9-12. Student/Athletes are coached by 45 men and women and participate in over 400 contests per year.

Training Room

Hamilton Heights Athletic Training Room is open to athletes needing treatment and rehabilitation.

Services include injury assessment, taping, whirlpool, and follow-up care. Student/athletes are not permitted in the training without adult supervision. Space is limited, therefore only athletes needing treatment should be in the training room. All athletes are encouraged to report all injuries to the trainer before seeking medical treatment. Any questions regarding injuries or training room procedures should be addressed to Jan Clifton, head trainer-984-5331 ext.1352

Weight Room

The weight room is available for use by teams and individuals. There is a full program of weight training program offered during the school year under the guidance of our weight training coach. No student shall use the weight room neither without adult supervision nor without a spotter.

Important Dates

AWARDS NIGHTS

FALL: Tuesday November 10, 2009 6:30 p.m.

WINTER: Wednesday March 17, 2010 6:30 p.m.

SPRING: Wednesday May 26, 2010 6:30 p.m.

PHYSICALS FOR THE 2010-11 SCHOOL YEAR ----- MAY 5, 2010 11:00 am-3:30 pm

Parent and Coach Communication Guidelines

Parent-coach relationship

Both parenting and coaching are extremely difficult vocations. By establishing and understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents whose children are involved in our athletic program, you have the right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child's program.

Communication you should expect from your child's coach

- The coach's philosophy.
- Expectations the coach has for your child as well as all the players on the squad.
- Locations and times of all practices and contest.
- Team requirements, i.e., fees, special equipment, conditioning.
- Procedures we follow should your child be injured during participation
- Discipline that results in the denial of your child's participation.

Communication coaches expect from parents

- All concerns expressed directly to the coach.
- Notification of any schedule conflicts well in advance of the practice or contest.
- Specific concerns in regard to a coach's philosophy and expectations.

As your child becomes involved in the programs at Hamilton Heights, they will experience some of the most rewarding moments of their lives. It is important to understand that there may also be times when things do not go the way you or your child wishes. At these times we encourage discussion with the coach.

Appropriate concerns to discuss with the coach

- The treatment of your child, mentally and physically.
- Ways to help your child improve
- Concerns about your child's attitude and behavior

It is very difficult to accept your child's not playing as much as you may hope. Coaches are professionals. They make judgment decisions based on what they believe to be best for the team and all players involved. As you have seen from the list above, certain things can be and should be discussed with your child's coach. Other things must be left to the discretion of the coach.

Issues not appropriate to discuss with the coaches

- Playing time
- Team strategy
- Play calling
- Other team members

There are situations that may require a conference between the coach and the parent. These are to be encouraged. It is important that both parties involved have a clear understanding of the others' position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

If you have a concern with a coach..... 24 HOUR RULE

- Please do not attempt to confront a coach immediately before or after a contest of practice. These can be emotional times for both the parent and the coach. Wait at least 24 hours before contacting the coach.
- Call to set up an appointment.
- If the coach cannot be reached, call the Athletic Director. He will set up the meeting.

What can a parent do if the meeting with the coach did not provide a satisfactory resolution?

- Call the Athletic Director to discuss the situation.
- At this meeting the appropriate next step can be determined.
Research indicates a student involved in sports has a greater chance for success during adulthood. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. The best education your child may receive, while in high school, is their participation in athletics. We hope the information provided makes both your child's and your participation in the Hamilton Heights Athletic Program a successful and enjoyable experience.

EXPECTATIONS OF ATHLETES

Athletes at Hamilton Heights High School are expected to be a positive role model. It is their duty to be a model citizen in and out of the classroom. They are expected to treat authority figures with the respect due them, and to take an active and productive role in the classroom and community in general. They are also expected to live up to all team, department and school rules and policies. As an Athlete of Hamilton Heights High School, the student/athlete is counted upon to live up to a higher standard of expectations.

“HUSKY”

Being a Husky is not something you automatically belong to.....

YOU EARN IT.. YOU FEEL IT... YOU LOVE IT...

The close bond of being a HUSKY is not inherited, nor is it a gift to you.

YOU must have a passion to be a part of a rich HUSKY tradition.

Will you be simply a member and participate, or will you be a HUSKY and compete?

What legacy will you leave behind when you leave
Hamilton Heights High School?

Will it be rich in hard work, commitment, sacrifice, dedication, pride, execution and fun?

Or will it be sliding by and riding the coat tails of those who have gone before you, who have done their part to carry on the winning Husky tradition???

Hamilton Heights Huskies

Department of Athletics

Hamilton Heights High School is a proud member of the Mid-Indiana Conference as well as the Indiana High School Athletic Association, and competes interscholastically in an extensive 19-sport program. We maintain a strong commitment to providing first-class facilities, and retaining a dedicated coaching staff that provides outstanding leadership and guidance for all Husky athletes.

We believe strongly in the role athletics play in the educational process but maintain that it is an honor to have the opportunity to compete and represent our school and community as a member of an athletic team. Success in athletics requires dedication, sacrifice, and a sincere desire to reach the fullest of one's potential. This effort generates tremendous individual, team, school, and community pride.

Being an athlete is a tremendous responsibility as we expect each of our athletes to be students first, a positive role model for the youth of our community, and an exemplary citizen at all times. Rule 8, Section 1 of the IHSAA by-laws states that the conduct of an athlete in and out of school shall be such as (1) not to reflect discredit upon his/her school or the Association, or (2) not to create a disruptive influence on the discipline, good order, moral or educational environment in the school. Therefore, it should be noted that our athletic code of conduct is in effect 24 hours a day, 365 days a year.

Please read and develop a thorough understanding of our policies and code of conduct as they relate to participation. Should you have any questions, please talk with your coach or athletic director. All student-athletes and their parents/guardians are required to sign the acknowledgment form in the back of this handbook indicating that the student and parent understand the policies and the student agrees to abide by the athletic code of conduct at all times. This form must be returned prior to the student-athletes first practice of their first sport season.

GENDER EQUITY

Athletic participation is an extension of and an integral part of the educational experience for those young people who become student athletes. The educational experiences should not be reduced in scope and significance by disparities, which limit the participation of any athlete.

Hamilton Heights High School believes that gender equity is more than being in compliance with the law. It is a spirit. It is a personal ethic. It is a commitment to do what is right and fair for all student-athletes. It means creating an atmosphere and an environment where opportunities and resources are distributed fairly to boys and girls, an atmosphere where no person experiences discrimination on the basis of gender.

ELIGIBILITY POLICIES

IHSAA and HAMILTON HEIGHTS HIGH SCHOOL

FOR ALL STUDENT-ATHLETES GRADES 9-12

SECTION I. - This is a summary of important IHSAA and Hamilton Heights rules as they affect eligibility:

1.1. PHYSICAL AND CONSENT FORMS (RULE C-3-10)

Between May 1 and the student's first practice in preparation for interschool athletic participation, the student shall have had (1) a physical examination or certification by a physician holding an unlimited license to practice medicine, and (2) written consent of parent or guardian for such participation unless emancipated.

**In addition, athletes are required to submit an athletic handbook acknowledgment and medical information form to the athletic director prior to their first practice.

Note: Forms must be submitted prior to the students first season of participation and will be in effect for the entire school year.

1.2. ILLNESS AND INJURY (RULE C--3-11)

Students properly certified to participate in interschool athletic activities, who are absent from school for five consecutive days or who are physically unable to practice for five consecutive days due to illness or injury, must present to their principal a statement from a physician holding an unlimited license to practice medicine that they are again physically fit to participate in interschool athletics.

1.3. AGE (RULE C--4-1)

Students whose twentieth birthday occurs before the date of the State Finals in a sport are ineligible for that sport and any occurring thereafter.

1.4. AMATEURISM (RULES C--5-1, C--5-2, & C--5-3)

All contestants in sports recognized by the Association must be amateurs in the sport in which they wish to participate. Students shall not play under assumed names nor accept remuneration, directly or indirectly, for athletic participation. Any member school students who directly or indirectly sign a professional contract lose their amateur standing and immediately become ineligible only in that sport in which they signed a contract. Member school students shall be considered as violating their amateur standing if they participate in athletic activities, tryouts, auditions, practices, and games held or sponsored by professional athletic organizations, clubs or their representatives, except baseball, golf and tennis out of season.

1.5 AWARDS, PRIZES, GIFTS (RULES C--6-1, & C--6-7)

The giving and receiving of awards shall: (a) be kept within reasonable bounds; (b) have symbolic value only, and (c) be within the consent and under the supervision of the member school principals concerned. Awards, medals, recognition, gifts and honors shall not be accepted by players or schools from colleges, universities and higher institutions of learning or their alumni.

1.6. CONDUCT (RULE C--8-1)

Contestants' conduct in and out of school, shall be such as (1) not to reflect discredit upon their school or the Association, or (2) not to create a disruptive influence on the discipline, good order, moral or educational environment in the school.

1.7. ENROLLMENT (RULE C--12-1)

In order to be eligible for athletic competition during any semester, a student must have enrolled in some high school within the first 15 school days of the semester in which the contest occurs. After enrollment or attending classes in ninth grade, a student is eligible for no more than eight consecutive semesters.

1.8. SCHOLARSHIP (RULE C--18-1)

To be eligible scholastically, students must have received passing grades at the end of their last grading period in school in at least five full credit subjects or the equivalent and must be currently passing in at least five full credit subjects or the equivalent. (Semester grades take precedence).

Hamilton Heights High School has established the following dates for the certification of athletic eligibility for the 2009-10 school year. **Eligibility is effective the date on which report cards are issued.**

Eligibility for the first grading period is based upon the 2008-09 last semester grades.

Summer school classes can be counted toward the five-credit requirement for eligibility.

1.9. TRANSFER STUDENTS (RULE C--19-5)

When a student transfers with a corresponding change of residence by the parent-guardian, the principal of the receiving school shall conduct an investigation and after such investigation may recommend residence eligibility of the student-athlete to the Commissioner provided: (1) the change of residence is bona fide; and (2) there is no evidence of transferring for primarily athletic reasons; and (3) there is no evidence of undue influence. A student cannot become eligible for competition until approval has been granted by the IHSAA. If transfer requirements are not met, a student may be granted "limited eligibility" which allows for participation at the junior varsity or freshman level only for 365 days, or in some cases, a student may be ruled ineligible for athletic participation.

1.10. UNDUE INFLUENCE (RULE C--20-1)

The use of undue influence by any person or persons to secure or retain a student or to secure or retain one or both of the parents or guardians of a student as residents, may cause the student to be ineligible for high school athletics for a period not to exceed 365 days and may jeopardize the standing of the high school in the Association.

1.11. PARTICIPATION (RULE 15 - PHILOSOPHY)

Students should have the opportunity to voluntarily engage in non-school sponsored sports activities provided such activities do not interfere with the student's educational development and the activities do not conflict with the principles of wholesome amateur athletics. The IHSAA wishes to enhance that opportunity while at the same time discouraging the exploitation of student athletes by over zealous individuals and organizations who attempt to impose an obligation on the student, to participate in their programs at any cost. By the promulgation and enforcement of these rules the IHSAA strives to eliminate these abuses.

1.12. MANDATORY PRACTICES

Athletes are required to participate in ten separate days of organized practice under the direct supervision of the high school coaching staff preceding the date of participation in interschool contests. Only one practice may be counted for any one day. Exception: IHSAA tournament series team members and/or individual participants may be considered eligible to participate in an immediately following season's sport contest after five days of organized practice.

1.13 INSURANCE

HHHS administrators, coaches, and trainers are very safety conscious and are trained to instruct athletes in the safe and proper techniques of their individual sport(s). Due to the nature of athletic activity, however, injury may occur. While the school provides the opportunity for such participation, the parent retains the right of denial of such participation and must carry the responsibility for providing medical care and insurance coverage for their son or daughter. Parents are required to have an insurance policy to cover athletic injuries and the cost of treatment. Contact the athletic office for information about insurance plans, which can be purchased by parents through the school to cover their student-athlete. The IHSAA carries a secondary catastrophic insurance policy to cover major injuries incurred during participation in approved IHSAA sports programs that become effective when medical expenses for a single incident exceeds \$25,000. It should be noted that the IHSAA nor Hamilton Heights High School carries any kind of primary insurance coverage for athletic injuries.

1.14 GROOMING AND APPEARANCE

Hamilton Heights High School athletes are representatives of the school and community and therefore are required to exhibit a well-groomed and appropriate appearance. The Principal, Athletic Director, and Coaches will determine Athletic Department guidelines as needed concerning the appropriateness of styles within the context of safety and accepted social norms.

1.15 MULTIPLE SPORT PARTICIPATION

The Hamilton Heights Athletic Department supports the concept of participating in more than one high school sport. High School coaches should not establish expectations "out of season" which would prohibit or restrict a student's participation in another sport which is "in season". A student-athlete who wishes to participate in more than one sport in the same season (fall, winter, spring) must have prior approval of the coaches involved and Athletic Director. A schedule resolving all practice and competition conflicts must be established prior to the season and the student-athlete will be asked to designate a "primary" sport if necessary.

1.16 PARTICIPATION ON TEAMS OUTSIDE OF SCHOOL ATHLETICS

Athletes who participate as members of any similar teams in the same sport season, not under the direct supervision and management of their school, shall not be eligible for participation on the school team. Participation in other sports while participating on a school team should only be done with the knowledge of the high school coach.

1.17 TRAVEL

HHHS athletes are required to travel to and from athletic contests and special events in school approved vehicles (bus or van) under adult supervision provided by HHHS. Extraordinary circumstances should be submitted to the athletic director for his review prior to the day of the event.

Hamilton Heights High School Athletic Code of Conduct

We expect proper conduct of all athletes and support personnel (i.e. managers, stuntmen, etc.) at all times. The athletic code of conduct is in effect 24 hours a day, 365 days a year. Our policies are designed in the best interest of our student-athletes while at the same time not compromising the integrity of Interscholastic and Husky athletics.

SECTION II.

You are in violation of the Hamilton Heights Athletic Policy if you:

- 2.1 USE OR POSSESS NARCOTIC DRUGS, HALLUCINOGENS, AMPHETAMINES, BARBITURATES, OR MARIJUANA:** An athlete guilty of possession or use of the aforementioned drugs will be suspended for a minimum of 40% of his/her current season.
- 2.2 USE OR POSSESS ALCOHOLIC BEVERAGES:** An athlete guilty of drinking or possessing alcoholic beverages will be suspended for a minimum of 40% of his/her current season.
- 2.3 USE OR POSSESS TOBACCO:** An athlete guilty of using or possessing tobacco in any form will be suspended for a minimum of 40% of his/her current season.
- 2.4 STEAL:** An athlete guilty of theft will be suspended for a minimum of 40% of his/her current season.

First Offense Reduction Option

40% SUSPENSIONS OF THE 2.1, 2.2, 2.3, 2.4, VIOLATIONS MAY BE REDUCED TO 20% IF THE STUDENT ATHLETE SUCCESSFULLY COMPLETES THE FOLLOWING:

- A drug or alcohol assessment program at a licensed drug or alcohol center at the athletes expense and the athlete is on probation for one year
- 20 hours of community service to reduce suspension to 20% (1 hour of community service reduces suspension by 1% up to a maximum of 20%) See contract in document section
- Community service arrangements must be completed before student /athlete is reinstated
- If any of these conditions are not completed, the suspension will remain at 40%

- 2.5 COMMIT ANY ILLEGAL ACT:** Any athlete who is placed under arrest and subsequently charged with any illegal act not specifically covered in this policy will be subject to suspension for an amount of time as determined by the Athletic Council.

- 2.6 SECOND VIOLATION WITHIN 365 DAYS OF THE FIRST VIOLATION:** A second offense of any one (1) rule or any combination of two (2) of the above rules (2.1, 2.2, 2.3, 2.4, 2.5) within 365 days of a first offense will result in a suspension for a minimum of one (1) calendar year from the date the second offense is confirmed.
- 2.7 SECOND VIOLATION FOLLOWING 365 DAYS FROM THE FIRST VIOLATION.** A second violation of any one (1) rule or any combination of two (2) of the above rules (2.1, 2.2, 2.3, 2.4, 2.5) following 365 days from the first offense will result in a suspension for 50% of the athletes current season from the date the second offense is confirmed.
- 2.8 A THIRD OFFENSE:** A third offense of any one (1) rule or any combination of three (3) of the above rules during the high school career of an athlete will result in permanent suspension from all athletic competition at Hamilton Heights High School for the remainder of that athlete's career.
- 2.9 COUNSELING:** All athletes in violation of the drug, alcohol, or tobacco policy will be required to complete an assessment-counseling program at parental expense prior to further participation.
- 2.10 DRUG TESTING:** In the event a violation occurs involving the use of illegal drugs, the athlete may be required to submit to periodic drug testing (student/parent expense) in the calendar year immediately following the violation in order to maintain athletic eligibility or face a one (1) year suspension from athletics.
- 2.11 IN VIOLATION OUT OF SEASON:** If an athlete commits a violation of any of the above rules while not currently participating in a sport or season, he/she will serve his/her suspension in the next sport season he/she participates.
- 2.12 ACTIONS UNBECOMING A HAMILTON HEIGHTS ATHLETE:** Improper conduct or behavior in or out of school, during practices, games, etc. may result in suspension from athletics as determined by the Principal, Athletic Director, or coach during that coach's sport season.
- 2.13 SCHOOL SUSPENSION:** Athletes suspended from school are not eligible to participate in or attend practices or contests and are subject to further disciplinary action by his/her coach. Two out-of-school suspensions in any one-sport season will result in an indefinite suspension from that season.
- 2.14 REMOVAL FROM A TEAM:** Once a student begins practice in a sport and his/her team membership is terminated by the athlete or coach for a reason other than being "cut" due to a lack of ability, they are ineligible to practice or participate in any other sport during that season.
- 2.15 QUITTING A TEAM:** Any athlete who "quits" a team may not try-out for the next season until the team he/she quits completes their respective season. This may be waived by written permission from the coach of the team the athlete quit.
- 2.16 COMPLETING A SEASON:** (by Principal, Athletic Director, Coach, or Parent) Any athlete that does not complete the season in good standing is not eligible for any athletic awards.
- 2.17 ATHLETIC EQUIPMENT:** Possessing athletic equipment from a team in which you are not a member or equipment from other schools will be regarded as theft. All equipment is issued is on a **LOAN** basis and is the property of HAMILTON HEIGHTS HIGH SCHOOL
An athlete will be ineligible to participate in a sport season or receive any awards until all school equipment issued to him/her is returned from previous seasons.
- 2.18** In the event a suspension cannot be served in its entirety in one sport season, the suspension will carry-over to the next sport season the athlete participates.

- 2.19** An athlete must successfully complete the season in which he/she serves a suspension.
- 2.20** When an athlete violates a training rule, that violation is recorded and kept on file for the entire time the athlete is enrolled at Hamilton Heights High School. All violations of the disciplinary policy are cumulative throughout an athlete's high school career.
- 2.21** Parents of an athlete will be informed by mail when a suspension from a team, due to a violation of athletic policy, is taking place. The parents may request an informal meeting within (5) school days from receipt of the notification with the principal and athletic director.
- 2.22** The "current season" is defined as all regular season contests and tournaments. In computing suspensions, contests will be counted per IHSAA guidelines for number of contests in each sport season and minimum number of tournament contests. An athlete whose suspension includes the first game of a season may not participate in a pre-season jamboree.
- 2.23** Additional guidelines above the minimum and approved by the athletic director, may be imposed by the head coach of each respective sport

2.24 ATTENDANCE

Daily attendance to school and practice is very important and expected. Student/athletes must have attended the final three (4) classes the day of a contest to be able to participate in his/her athletic event. Student/athletes **must** be in class by the start of 4th period. Approved school activities constitute attending school. Any other exemptions (funeral, dental, doctor, college visitation day, etc.) must be approved through the athletic office.

2.25 PRACTICES: REGULAR, VACATION & SCHOOL CLOSING

All team members are expected to attend all practices. Practice schedules during school vacation are set by the coach and only the coach can excuse an athlete from practice. Practice during closing of school (snow, etc.) are often held and attendance at these practices are considered voluntary. It is the responsibility of the athlete to contact the coach if an absence is necessary. If the coach is unavailable, please contact the athletic office at 984-3551 ex 9320 or 9239 and leave a message for the coach.

- 2.26 Moratorium:** Effective 2004 each IHSAA member school shall observe a moratorium during the week, which includes July 4th. During this period, there shall be no contact between athletes and coaches, and no athletic activities conducted. A school may extend that time period if desired.

SECTION III.

SEXUAL HARASSMENT

Harassment on the basis of sex is a form of illegal sex discrimination. Sexual harassment is a violation of Title VII of the Civil Rights Act of 1964.

Unwelcome sexual advances, requests for sexual favors, and other verbal or physical conduct of a sexual nature constitute sexual harassment when:

- a. Submission to such conduct is made either explicitly or implicitly a term or condition of an individual's participation in a school-sponsored program or activity.
 - b. Submission to or rejection of such conduct by an individual is used as the basis for academic or athletic decisions affecting that individual; or
 - c. Such conduct has the purpose or effect of substantially interfering with an individual's academic or athletic performance or creating an intimidating, hostile, or offensive environment.
- 3.3.** Hamilton Heights High School will not tolerate sexual harassment of students or employees by members of its faculty, staff, student body or by other agents of the school, and will respond in a suitable manner to every complaint. To assure the school is free of sexual harassment in athletics and academics, appropriate sanctions will be imposed on offenders over whom the school has jurisdiction.

SECTION IV.

HAMILTON HEIGHTS HIGH SCHOOL ATHLETIC POLICY REGARDING STUDENT HAZING AND HARASSMENT

Hazing and harassment are behaviors, by one person towards another, which are insulting, intimidating, humiliating, malicious, degrading or offensive. It creates negative and uncomfortable feelings for the person, or groups of persons, to whom it is directed. Such a person may feel anything from a discomfort or embarrassment in the presence of the person or group of people displaying the behavior, to a feeling of terror or even fear for their safety. Hazing and harassment can take many forms whether physical, verbal, sexual or emotional, and can involve a combination of these elements. Sexual hazing or harassment is a form of sexual discrimination under both Title VII of the Civil Rights Act and Title IX of the Educational Amendments Act of 1972. Hazing, or initiation rites, which single a person or group of people out and subject them to embarrassing, degrading or secretive behavior will almost always be viewed as harassment.

It is the policy of Hamilton Heights High Schools to maintain a learning and working environment that is free from sexual hazing and harassment. It shall be a violation of this policy for any employee of Hamilton Heights Schools to haze or harass another employee or student through conduct or communication of a sexual nature. This is also applied to behavior between students or groups of students.

It is not just the conduct itself which may make certain behavior inappropriate, but the context or way in which it is delivered, or its repetitive nature. Allegations of emotional, physical, or sexual abuse or neglect involving a minor must be reported to an available administrator. Once a complaint of harassment or abuse is made, the school must work with it, as the school has a responsibility to ensure a safe environment for its students and staff alike. The school will work with harassment and abuse matters promptly, fairly and openly.

Coaches must be alert to society's changing perceptions about the appropriate use of power. With coaching comes power, with power comes vulnerability. Codes of behavior for players and coaches must be developed and communicated in such a manner that guide and govern "the words and actions" of all participants during their sport season. The coach is the most influential participant in preventing harassment, hazing and abuse during their coach season. The coach must use every opportunity to reinforce the principle of appropriate behavior by being a role model and communicating with athletes daily in practice, during pre-competition preparation, during competition, and in post-competition feedback sessions. The coach has a responsibility to behave in a respectful manner. The coach is an important leader who must reinforce an environment free of abusive, hazing and harassing behaviors of all student athletes and coaches alike.

The value and safety of children and youth must be reflected in the standards of the entire athletic department and of all of the people of authority involved and associated with the advocacy of our students.

SECTION V

NON-DISCRIMINATION POLICY

Hamilton Heights High School encourages all of its pupils, regardless of sex, color, race, national origin or handicap to enroll in any course or participate in any activity in which will promote their educational, social, and personal development.

SECTION V. AWARDS SYSTEM

ATTENDANCE AT AWARD PROGRAMS

The awards program is an extension of the athletic season and all athletes are expected to attend. If an athlete cannot attend he/she should inform their coach in advance.

ATHLETES

Members that compete interscholastically on an athletic team and cheerleaders.

- | | |
|------------------|----------------------------------|
| •Varsity player | 1 major award / season |
| •Reserve player | Participation certificate/season |
| •Freshman player | Participation certificate/season |

5.3 MANAGERS

Students that work with the team each practice and game.

- | | |
|-------------------|----------------------------------|
| •Varsity manager | 1 major award / season |
| •Reserve manager | Participation certificate/season |
| •Freshman manager | Participation certificate/season |

5.4 STUNTMEN

Students that assist varsity cheerleaders in practice and games during basketball season only.

- | | |
|-----------|------------------------|
| •Stuntmen | 1 major award / season |
|-----------|------------------------|

5.5 VARSITY STUDENT TRAINERS

Students that work in the training room for 2 hours a week after school, before practice and are assigned as a team trainer to a specific sport.

- Varsity Trainer 1 major award / season.

5.6 JUNIOR VARSITY STUDENT TRAINERS

Students that work in the training room after school, before practice and at games.

- Junior Varsity Trainer Participation certificate/season

SECTION VI. ATHLETIC HONORS

6.1 MAJOR AWARDS

An athlete who meets athletic department and varsity team letter requirements.

6.2 JUNIOR VARSITY/FRESHMAN CERTIFICATES

Awarded to athletes who participate on a junior varsity or freshman team and do not meet varsity-lettering requirements as set forth by the athletic department and head coaches of each sport.

6.3 NUMERALS

Athlete, Manager, and Trainer must meet all requirements set by the Athletic Department. Award is given only once when the athlete earns their first participation award (9-12).

6.4 LETTER "H"

Athlete, Manager, and Trainer must meet all requirements set by the Athletic Department. Given only once when the athlete earns their first major award (9-12).

6.5 CERTIFICATE

Athlete must meet all requirements set by the Athletic Department. Certificates are given each time an athlete participates in a sport (9-12).

6.6 PINS

Awarded to an athlete for each major award earned in their respective sports.

6.7 JACKET

Athlete, Manager, and Trainer must meet all requirements set by the Athletic Department. Athletes may purchase their letter jacket upon being awarded their first major award.

6.8 OUTSTANDING MALE AND FEMALE ATHLETE OF THE YEAR

Athletes for this award are nominated and voted on by the head coaches. Criteria considered when making nominations include leadership, integrity, scholarship, athletic success and attitude, both on and off the playing area. This award is presented at the Spring Awards Program

6.9 SENIOR AWARD

Awarded to senior athletes who have earned four major varsity letters in a sport at Hamilton Heights.

6.10 CAPTAINS AWARD

Awarded to athletes who are selected as team captains.

6.11 BLANKET

Athlete must meet all requirements set by the Athletic Department. Given only once when an athlete earns seven (7) major awards in a combination of sports or their equivalent (9-12).

6.12 SPORT PATCH

Awarded to team members of a conference, sectional, regional, semi-state and/or state qualifier or championship team (9-12). Individual sport athletes who advance to the state meet will receive a state patch

6.13 SENIOR 3 SPORT AWARD

Any senior athlete who participates in all 3-sport seasons their senior year will receive a "Husky" clock.

6.14 RING

Awarded to an athlete or team members that are IHSAA STATE CHAMPIONS (9-12).

6.15 Major varsity letters received at other schools will be counted toward the HHHS award system. Exception: Senior Award

6.16 Head coaches of each respective sport, upon approval of the athletic department, will determine and disseminate letter requirements for their sport.

SECTION VII.

PROSPECTIVE COLLEGIATE ATHLETES

It is an honor and great accomplishment to have the opportunity to compete at the collegiate level. Collaboratively, our coaches and athletic department will make available any information (profiles, videos, etc.) to college recruiters and provide needed assistance to any student-athlete with the ability and desire to compete intercollegiate. However, there are some very important facts that each athlete must be aware of. The following is information in regard to college participation. Should you have any questions, please speak with your coach, guidance counselor, or athletic director.

7.1 NCAA CLEARINGHOUSE

All prospective NCAA Division I and II athletes, **must** register with the NCAA clearinghouse. Please see guidance department for more information.

7.2 FINANCIAL ASSISTANCE (FEDERAL AND STATE)

All college bound students should complete and submit the standard Financial Aid Form to be considered for financial assistance. This is a free application. To be considered for state aid, the FAF must be postmarked no later than March 1. Please note that current tax return information is necessary to complete the FAF.

7.3 ACADEMIC REQUIREMENTS

NCAA academic requirements are available in the athletic or guidance office. Please note that listed GPA and SAT/ACT scores represent only the minimum NCAA standards for freshman eligibility in Division I and II. Keep in mind that these standards do not reflect the admission requirements of individual colleges or universities which vary greatly in regard to GPA and standardized test scores.

7.4 SCHOLASTIC APTITUDE TEST (SAT); AMERICAN COLLEGE TEST (ACT)

All prospective student-athletes must take and achieve a minimum score on the SAT or ACT to be eligible as college freshman.

ALEXANDRIA

Arcadia Pike east to 37 north. Turn right (east) on St.Rd.128.Go thru Frankton, turn north on St.Rd.9.At flashing yellow light, turn left. School is on right.

ANDERSON HIGH SCHOOL

Take the road east off 19 by Dairy Queen in Cicero. Continue through the country, go across 37. Continue east and the road becomes 8th street. Continue on 8th street east into Anderson. 8th Street runs into a park. Go south around the park. Turn right on to Madison Ave., the school is on the left.

ANDERSON (The Wigwam)

From the west: Indiana 32 to Raible Ave. Turn right on Raible and go until the road makes a "T" at 38th Street. Turn left and go to the second stoplight (Madison Ave.). Turn right and go ¾ of a mile south.

ANDERSON HIGHLAND

From the West: RT. 32 east to Raible Ave. left thru the edge of town to Cross St. (200 N) right, out on the east side of town past Broadway, 109 by-pass to the school.

ARSENAL TECH

465 south to 70 west, Michigan St. exit. Go to New York and turn left. New York to Arsenal St., turn left.

BREBEUF

St.Rd.31 south to 82nd St. Turn right. School is on the left.

BROAD RIPPLE

37 south to 62nd St. Turn right. School is on the left about a mile after crossing over Keystone Ave.

BROWNSBURG

31 south to I-465 south to I-74 west. Go to Brownsburg exit. Turn right onto 267.Go to stoplight at main St. and turn left. School is on right.

CARMEL HIGH SCHOOL

U.S.31 south to 431.Turn right at the first stop light (136th St.) for track, tennis, basketball, swimming, soccer, volleyball, and football. Baseball and softball are played off site. Directions at www.carmelgreyhounds.com

CHATARD

U.S. 31 south to 431 (Keystone).Go 1 block past Glendale shopping center (62nd St.) and turn right at Kessler. School is on the left.

CLINTON PRAIRIE

28 west through Frankfort to C.R.450,turn left. The school is about 2 miles south on 450.

CRAWFORDSVILLE

32 west to Crawfordsville. Turn left on 236. Turn right onto HWY 47 and proceed approx. ½ mile on HWY 47

EASTERN

St.Rd.19 north out of Tipton. Cross St.Rd.26 to 100 S. turn right. At the "T" turn left and follow around to the school which will be on your left.

ELWOOD

19 north to 28 east to Elwood. Turn left at 19th St. N. Follow to the school.

FISHERS

St. Rd 37 south to Greenfield Ave (In. 238) Turn left onto Greenfield Ave. Go 1.6 miles to Promise Rd. Turn right on Promise Rd. Go 2..5 miles. Arrive at 13000 Promise Rd.

FRANKFORT

St.Rd.19 or 31 north to St.Rd.28.Take 28 west(left) to Frankfort. The school is on your right before you enter Frankfort.

FRANKTON

St. Rd.37 north to St.Rd.128 east. Follow 128 east through two curves when 128 turns left at Center Street to go downtown, stay straight through 3 stop signs. The School will be on your right.

GREENFIELD – CENTRAL

SR 9 to 1st stoplight south of I-70. Turn right (west) at 1st stoplight (New Rd.) take New Rd. west to Broadway – turn left onto Broadway – sout on Broadway 1 mile to school.

GUERIN CATHOLIC

Take 19 to 32 . turn right (west) on 32 to Gray Rd. Turn left (south) on gray road. School is about 3 miles on left.

HAMILTON SOUTHEASTERN (HSE)

St.Rd.37 south to St.Rd.328 east. The first road to the right, after going over I-69 is Olio Rd. Turn right, the school is at the corner of 126th and Olio Rd. The school is between 116th and 126th St. on Olio Rd. Taking either of these roads east from 37 will take you to Olio Rd. Turn right off of 126th or left off of 116th

HERITAGE CHRISTIAN

37 south to Binford Blvd. past Castleton.1st stop light past 465 exit. Turn left, school is on the right.

KOKOMO SOUTH CAMPUS

31 north to 26 west to 200W. There is a sign pointing you in the right direction.

KOKOMO NORTH CAMPUS

31 north to Sycamore Street (north of Markland Mall, Tire Barn is on the corner)turn left. The second light is Appersonway, turn left. The gym is on the corner of Appersonway and Superior Street.

LAFAYETTE JEFFERSON

St.Rd.47 to 52. Turn right on 52 to Teal Rd.(across from Mall). Turn left on Teal, go to third stop light and turn right. High School is behind Middle School.

LAPEL

Arcadia Pike east to 37. Turn south. About 1 mile turn left on St.Rd.13. Follow St.Rd.13 south through Lapel. School sits on west side of 13.

LAWRENCE CENTRAL

I-465 south to 56th St. exit. Go east (left)to the 2nd stop light. Turn left into the stadium parking lot.

LEBANON

32 west to Lebanon. 32 turns north which is Lafayette Ave. Follow this road, don't turn back left onto 32. Follow road straight northwest until it stops. Continue north. The school is on the right.

LEWIS CASS

U.S.31 north to U.S.35 turn left. Take U.S.35 through Galveston to Walton (about 7 miles),to far side of Walton at High School sign turn left about 1 mile on left

LUTHERAN

37 south to 465 south to Beech Grove exit. Turn left. Go to Thompson Rd. Turn left. Go to 4-way stop and turn right. School is on the left.

MACONAQUAH

31 North through Kokomo (about 7 miles) turn right on 800 S.(Korner Kitchen restaurant)There is a sign. School is approx.4 miles on left

MADISON GRANT

SR 28 to SR 9. Go 7 miles north on SR 9. School is on the west side of the road

McCUTCHEON

S.R.47 to I-65.I-65 North to S.R.38 exit S.R.28 west to road 231.North on 231 (about 6 miles).School is on right.

MT. VERNON

37 south 238.Take 238 east to Fortville.(238 merges with 13).Go south to downtown Fortville.On south side of town, sign points to school (right).

NEW CASTLE

East on SR 38 – Turn right (South) on SR 3. Turn left (east) on Parkview Dr. Go 2 blocks - high school is on the right side.

NEW PALESTINE

37 south to 465 south to Brookville Rd./New Pal exit. Turn right. Go 8 miles. As you enter town, the school is 2-3 blocks to the right off the main road.

NOBLESVILLE

19 south to 206th St. stop light, turn left, at next stop light, turn right. Continue south until you reach high school.

NORTH MONTGOMERY

St.Rd.32 west to I-74.Go northwest on I-74 to U.S. 231.Go north on U.S.231 for about 2 miles, school on left.

NORTHWESTERN

US 31 N to SR.26 -turn left for 2 miles to 200 W (stop light)turn Right (Dixon Road).Proceed north on 200 W to SR22 (Jefferson St.)and turn left. Proceed west 2 miles to CR.400 W. Turn right and proceed 2 miles to school.

PARK TUDOR

31 south to 86th St. Turn left. Go to college. Turn right (south)to 75th St. School is on the right side.

PENDLETON HEIGHTS

37 south to 38 east to Pendleton. School is at the junction of 38 and S.R.9.

PERU

31 north to 24 east to Business 31 south This puts you on the north side of Peru. Business 31 south to the second stoplight., there is a Hardee 's on the left, this is Daniel St. Turn left and the school is on the left.

PIKE

U.S.37 to I-465.I-465 west to 71st St. Left on 71st St. to Zionsville,Rd., school is on left side.

ROSSVILLE

Highway 26 to Rossville. Go to 4-way stop. Turn left(south).School is 2 blocks on the right

SCECINA

69 south to 465 south to 70 west to Emerson. Take Emerson south to Nowland Ave. Turn right. School is on right.

SHERIDAN

Cicero Pike (236th St.)west. Cross 31 and continue west to Sheridan. Turn right at 38.When 38 turns left to go into town, go straight. Go past stop sign. School is on the right.

SOUTHMONT

32 west to Crawfordsville. Turn left on 236.Go approx.4-5 miles outside of town. The school is on the right side.

TAYLOR

19 north through Tipton. Turn left on county road 300 S., which is the first road north of 26.There is a sign to help you. School is 2 miles on right.

TIPTON

19 north. School is on the right side right on 19.

TRI-CENTRAL

19 north through Tipton. Follow signs on 19 to the school.

UNIVERSITY HIGH SCHOOL

Go south on US 31 to 116th street. Turn right on 116th St. cross Town RD. School is on the left. (2825 West 116th St. - Carmel)

WARREN CENTRAL

37 to I-465.South on I-465 to I-70 east. East on I-70 to Post Rd. Right on Post Rd. through 1st light until you see "Walker Career Center " sign on right. Turn left on 18th St. School is on right side.

WES-DEL

S.R.28 east past I-69 to flashing light at 600 west. Turn left and school is on the right .

WESTERN

31 north to SR 26-turn left to 200 W (stop light)and turn right (Dixon Road)-go 2 miles to stop sign in Alto and turn left. Proceed 4 miles. School is on the left.

WESTERN BOONE

32 west thru Lebanon. Corner of 32 and 75. School is on right.

WESTFIELD

31 south to Hoover St.(Street just before S.R.32). Turn left (east)on Hoover St. Go to stop sign (Union St.).Turn left (north)onto Union to school drive on the left. Or 19 south to 32 west to stop light in Westfield (Union St.)Turn right (north)onto Union to school drive on the left.

YORKTOWN

Arcadia Pike east across 37 and 9.Keep going east. You will come to a T. The school is at the corner of the T.

ZIONSVILLE

State Road 47 to 421. Turn right at Whitestown Rd. Go thru 4-way stop. Turn left. Go to "T". Turn left. School is on right. OR...47 to 421. Turn left. Go to 116th St. Turn right. 1 block past the youth athletics fields, turn right. Go to the "T" and turn left. The school is on the left.